

GIRLS ON THE RUN OF NORTHEAST TENNESSEE
Registration Information

PARTICIPANT'S NAME: _____ **NICKNAME:** _____

SITE/SCHOOL: _____

AGE ON SEPTEMBER 1, 2011: _____ **BIRTHDATE:** _____ **GRADE:** _____

PARENT/GUARDIAN NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

PHONE: (day) _____ **(evening)** _____ **(cell)** _____

PARENT E-MAIL: _____

T-SHIRT SIZE: Youth M Youth L Adult S Adult M Adult L Adult XL Adult XXL
(10-12) (14-16)

Optional Race/Ethnicity Disclosure: (some of our charitable donors collect this information):

White Black Hispanic Asian Other: _____

RELEASE

Please indicate how you would like us to release your child at the end of each session. (You may check more than one.)

One of the following people will pick up my child: _____

My child is permitted to walk home unescorted

Other (Please describe) _____

GOTR HISTORY

Has your daughter participated in GOTR during a prior season? Yes No

PHOTOGRAPHS

During the program we occasionally take photos of the girls and local news or other media may feature the program. May we use media/photos of your child for future brochures, publications, or in other ways to promote the program?

Yes No

PRE/POST EVALUATION

As part of our national program, we participate in a survey of the girls, designed to assess the changes in attitudes, beliefs and skills of the program. Your daughter will not be asked to provide her name on her questionnaire. May we include your child in this survey?

Yes No

ATTENDANCE POLICY

Due to the importance of group dynamics and the experiential learning process of the Girls on the Run curriculum, girls who are absent for more than four (4) practices during one season will no longer be eligible to participate in Girls on the Run. Signing below acknowledges this policy was disclosed upon registration.

LATE PICK UP POLICY

Parents are expected to pick up their child from Girls on the Run lessons within 10 minutes of the close of the session. A verbal reminder will be issued on the first lateness and a verbal and written reminder of the policy will be issued for the second lateness. Upon the third instance, the parent will be notified that his/her daughter will no longer be able to attend Girls on the Run. Signing below acknowledges this policy was disclosed upon registration.

FORM A – PLEASE PRINT NEATLY AND RETURN

REGISTRATION FEE – check a box below and attach a check or money order

Girls on the Run offers a sliding scale fee ranging from \$40 to \$175, based on the honor system. Although the actual out of pocket cost to the Girls on the Run program is approximately \$175 per girl for the twice per week, twelve week program, GOTRNETN strives to make sure that every girl interested in participating in the program is able, regardless of income. A family that can afford to pay \$175 is asked to pay the full amount, however girls participate equally in the program, regardless of the fee they choose to pay. All participants will receive the following:

- 24 lessons conducted by two certified GOTR coaches
- 1 official GOTR T-shirt
- participation in the 5K Celebration Event
- a water bottle
- a healthy snack at each practice

Although the registration fee is based on a sliding scale, it is essential that each family contribute as much as it can afford. Local fund raising efforts and donations help to bridge the gap between program fees paid and necessary sponsorship. Families that have the ability to and are interested in supporting the program beyond the \$175 may choose to sponsor additional girls as well in the fee section below.

Level I - \$175

Level II - \$120 to \$174

Level III - \$ 70 to \$ 119

Level IV - \$ 40 to \$ 69

- I choose to pay a registration fee in the amount of \$ _____. My check or money order is attached made payable to Girls on the Run®. Check number: _____.
- I would like to sponsor another child who is unable to pay to participate and/or make a contribution to the GOTR of Northeast Tennessee in the amount of \$ _____.

***NOTE: Program fees are non-refundable after August 26, 2010.**

PROMOTIONAL RELEASE

With your permission we provide your daughter's name and address to Girls on the Run International® for your daughter to receive a national Girls on the Run® Newsletter or occasional Girls on the Run® promotional information. As part of our agreement with Girls on the Run International® and its sponsors, the registration information provided may result in your receiving information from Girls on the Run® or its sponsors on products or services, such as Girls on the Run® apparel and accessories.

AUTHORIZATION

Physical reactions to exercise may include heat related illnesses, abnormal heartbeats and blood pressure and, in rare instances heart attacks. Serious health risks are rare. While Girls on the Run® takes all reasonable precautions, we can make no guarantees regarding these risks. I recognize there is a risk of personal injury by participating in the 5K run/walk. I hereby for my daughter, myself, my heirs, executors, and administrators, waive and release all rights and claims for damages I may have against the Girls on the Run of Northeast Tennessee, the sponsors of the event, its agents, representatives, successors and assigns for any and all injuries suffered by my daughter or which may rise out of traveling to, participating in, and returning from this 5k event.

I have read this form and understand there are inherent risks associated with physical activity. To the best of my knowledge my child is physically healthy and is able to participate in the Girls on the Run® program. By my signature below, I give permission for my daughter to participate in this program, the final 5k Run, the evaluation testing and the newsletter release as specified above to be provided to the national office of GOTR®.

Participant's Name (print please)

Signed by parent or guardian

Date